

City of Tallahassee Park, Recreation & Neighborhood Affairs Department

2012 ADULT FAST BREAK BASKETBALL RULES & REGULATIONS

1. **Registration Information**

- A. Team Registration Fee- \$521.75. To register a team, the team manager must submit: the registration fee, roster, with players names printed on the front, and a completed team information sheet, by no later than December 16, 2011. Registrations accepted past this date are subject to late fee of: \$10.00 per team. Before the season begins,(by no later than January 4, 2012) all players are required to sign the Sportsmanship Statement on the back of the roster, and submit it to the main office using the corresponding number from the front, before being permitted to play in the league.
- B. There is a roster limit of 15 players per team.
- C. The manager can make changes to the original roster by calling the Athletic Supervisor at 891-3835, during business hours. This information cannot be given to the officials, scorekeeper or site supervisor at the gym.
- D. The season will begin the week of January 9, 2012.

2. **Eligibility/ Player Conduct**

- A. Must be 18 years of age to participate.
- B. No current high school basketball players will be permitted to participate in league or tournament play.
- C. College students on athletic scholarship for intercollegiate basketball will not be permitted to play.
- D. No professional basketball players, currently paid to play, will be permitted to play.
- E. A player may play on only one team and league per season.
- F. Players transferring from one roster to another must do so two scheduled (2) games or seven (7) calendar days before he/she is eligible to participate. New players being added to a roster that are currently not participating in the league may begin without a waiting period.

- G. All players are required to sign the printed roster, and sportsmanship statement before they will be permitted to participate.
- H. All players must be prepared to produce a picture I.D. (Driver's License or I.D. card) 15 minutes following a verbal protest or he/she will not be permitted to participate.
- I. The Tallahassee Parks, Recreation and Neighborhood Affairs Department may check rosters for eligibility purposes at any point during the season.
- J. In order to file a protest of player ineligibility, the manager must submit the protest in written form within 24 hours after the game, accompanied by a \$50 fee.
- K. Any player that receives two (2) flagrant technical fouls during a season, and/or is expelled from two league games, will not be permitted to continue in the league for the remainder of the season, this includes participation in tournament play. A flagrant technical will be awarded if two (2) technical fouls are called on one person, in one game, or the official feels that the act is considered a flagrant technical foul.
- L. Unsportsmanlike conduct of a gross and willful nature or cursing at the officials or opponents will result in that player or players being ejected from the game, with technical fouls awarded. Any player ejected will not be eligible for the next scheduled game. **Anyone who is ejected for any reason must sit out the next contest. It is the manager's responsibility to enforce this rule. If the ejected person does participate in the next game, the game will be forfeited, and the original ejected player and manager must sit out the next contest.** If, in the judgment of an official, a player commits an intentional flagrant or malicious foul, he/she will be suspended for an indefinite period of time. **Parks, Recreation and Neighborhood Affairs Department has a zero tolerance for any form of physical bodily harm (fighting) between players, coaches, spectators, family and staff. This behavior will result in ejection from the game, the facility, and possible suspension from the league.**
- M. **DUNKING IS NOT PERMITTED** before, during, or after a game, (including tournament play). One, two (2) shot technical will be awarded, the basket will not count, the player will be ejected, and must sit out the next scheduled game. **Note: An indirect technical foul is also charged to the head coach for squad members dunking or grasping the ring during pre-game or intermission.**
- N. The referee shall not permit any player to participate if in his or her judgment the player constitutes a safety concern to others in the league due to hairstyle, fingernails, physical condition, etc.

3. Length of Halves

There is a twenty (20) minute running clock for each half. The clock will stop the last two (2) minutes of the first and second half, as in regular basketball. The "one and one" will begin on the 7th team foul of each half. Two (2) shots will be awarded on, and after, the 10th foul. High School rule 4-8-1. There will be a four-minute half time. **If the score is tied at the end of the 2nd half, one extra period will be played. The length of the extra period shall be four minutes. There will be a one minute intermission allowed before the extra period.**

The clock will stop the last two (2) minutes of overtime as in regular basketball. Each team is entitled to at least one additional one (1) minute time out. Scorekeepers will keep the official running score, fouls on each player, and time outs in the scorebook, and on the clock. We will no longer keep individual player scores. If your team wishes to keep individual statistics you may do so in your own unofficial scorebook.

- a. **Time Outs** - There will be **FIVE (5) time-outs per game.** **Three (3) FULL time outs** will be **one minute in length.** **Two (2)** of the time outs will be **30 seconds in length.** The team manager will designate the length of time out, if not designated a FULL time out will be charged.

4. League Play

The league will start the week of January 9, 2012. The Tallahassee Parks, Recreation and Neighborhood Affairs Department will determine league structure based on league standing from the previous season, and the team roster. There will be no rule or procedure protests. The referees' decision will be final.

NOTE: Eligibility questions will be resolved in accordance with Rule 3 on page 1.

8-1-3 Reduced the number of players permitted on marked lane spaces during free throws (not including the free-thrower) to four defensive and two offensive players, with the lane spaces closest to the free-throw line (and the shooter) remaining vacant.

5. Rules

The Florida High School Athletics Association Rules will govern all plays not specified in Tallahassee Parks, Recreation and Neighborhood Affairs Department Rules and Regulations. The referee shall have the authority to make decisions on any points not specifically covered in the rules.

6. **Canceled/Rescheduled Games**

Games will be played at local city community centers. Occasionally, a game might need to be rescheduled. If this occurs, we will call the managers as soon as possible so he/she can notify the players. Any rescheduled games will be made up at the first available date, time and location.

7. **Forfeits**

The following conditions will result in a forfeit:

- A. Any team that plays an ineligible player. All games, which the ineligible player participated in, may be forfeited.
- B. If a player is found guilty of playing under an assumed name, he will be suspended for one year.
- C. **Game Time is forfeit time.** There is no grace period for any scheduled games.
- D. Forfeited games will not be officiated.
- E. Any team that has accumulated three (3) forfeits, or displays any flagrant or unsportsmanlike conduct for any reason will need to schedule a meeting with the league supervisor to discuss their continued participation in the league.

8. **Smoking, Drinking, and General Litter in Gym and School Parking Lots.**

Smoking, drinking, and drug use inside and outside our city facilities is prohibited. Any spectator, coach or player found to be in possession of alcohol or illegal drugs, or under the influence will be asked to leave the gym, and may be subject to legal action. Any coach or player found to be under the influence will not be eligible to participate in the next scheduled game.

9. **Uniforms**

Each team shall have shirts of a like trim, color, style. Shirts must be numbered by the first game of the season. Each player shirt shall be numbered on the front and back with plain Arabic numerals of solid color contrasting with the color of his shirt, and made of material not less than three-quarters of an inch wide. The number on the back shall be at least six (6) inches high, and that on the front at least four (4) inches high. No taped or written numbers will be permitted. Neither number greater than 5 shall not be used, nor may a number have more than two digits. Pants shall be worn above the hips, and tucked in properly. Pants shall not be worn inside out.

Players not in uniform will not be allowed to participate, beginning with the first game of the season. If the uniform does not meet specifications, the player may not play. If the uniform is similar and the official cannot make a determination, the site supervisor will make the determination. If the player plays out of uniform, the

team will forfeit their game. Questions regarding uniforms need to be referred to the Athletic Supervisor.

Guards, casts, and braces must meet the following guidelines:

- a. A guard, cast or brace made of hard and unyielding substance, such as, but not limited to, leather, plaster, plastic or metal shall not be worn on the elbow, hand finger/thumb, wrist or forearm, even though covered with soft padding.
- b. Hard and unyielding items (guards, casts, braces, etc.) on the upper arm or shoulder must be padded with a closed-cell, slow-recovery foam padding no less than ½ thick.
- c. Knee and ankle braces which are unaltered from the manufacturer's original design/production are permitted and do not require any additional padding/covering.
- d. A protective face mask may be worn and made of hard material, but must be worn molded to the face with no protrusions.
- e. Must be worn for medical reasons.

10. **Location of Community Centers**

Games will be played at the facilities listed below. Please note that managers, players, and/or Spectators will not be allowed to enter the gymnasium until fifteen (15) minutes before the first scheduled game. In addition, a gymnasium supervisor must be present.

Lincoln Neighborhood Center
438 West Brevard Street

Jake Gaither Community Center
801 Bragg Drive

Jack McLean Park
700 Paul Russell Rd

Lafayette Community Center
403 Ingleside Drive

Lawrence Gregory (Dade Street)
1115 Dade Street

Walker Ford
2301 Pasco Street

11. **Practice Facilities (Open to the public- unless reserved)**

A. **Indoor Courts**

1. Lafayette Community Center 891-3946
2. Jake Gaither Center 891-3940
3. Lincoln Neighborhood Center 891-4180
4. Dade Street Community Center 891-3910
5. Jack McLean Community Center 891-2505

B. **Outdoor (Lighted Courts)** at PRNA Parks or Centers First Come, First Serve basis.

1. Fourth Ave. Center

2. Jack L. McLean, Jr. Park (2)
3. Macon Community Neighborhood
4. Tom Brown Park (2)
5. Walker Ford Center (2)

C. **Outdoor Courts (No lights)** at PRNA Parks or Centers
First come, First serve basis.

1. A.J. Henry Park (½ court)
2. Levy Park (2)
3. Ninth & Terrace
4. Optimist Park

D. Please confine your visits to gymnasium use only. School outdoor and indoor use is prohibited.

12. **Insurance**

The Tallahassee Parks, Recreation and Neighborhood Affairs Department assume no responsibility or liability for injury while participating in the adult basketball league. Team managers are encouraged notify their players that Recreation Accident Insurance is available for individual players through the Tallahassee Parks, Recreation and Neighborhood Affairs Department for a cost of \$22.55 per player. This insurance is effective from August 1, 2011 through July 30, 2012. This insurance would cover the player while participating in City of Tallahassee adult sports programs during the coverage period. To participate, the player will need to fill out the enrollment form (download from the talgov.com website or enroll in person) and pay the \$22.55 by cash or check (made payable to City of Tallahassee) and return the form and payment to Rita Shivers @ 912 Myers Park Drive, Tallahassee, FL 32301.

13. **Information**

For further information, please contact the athletic supervisor, Janet Riva at 891-3835, janet.riva@talgov.com.